WyN Wellness

YOUR PATIENT GUIDE

Peptides, simplified. No needles.

A pre-dosed strip that dissolves in your mouth. Simple to take, easy to travel with, and built into your day.

1	2	3	4
Pre-dosed	**Needle-free**	**No fridge**	**24 months**
Individually wrapped	Mouth to body	Room temperature	Shelf life

THE ESSENTIALS

Individual peptides

BPC-157

Injury recovery · gut healing · less inflammation

Dose 500mcg · 1 strip/day · 5 on / 2 off

Plan 4–12 weeks. Cycle 2–3 months on, 1–2 off

CJC-1295

Muscle · strength · fat loss · sleep · vitality

Dose 150mcg · 1 strip/day · 5 on / 2 off

Plan 12 weeks. Take fasted, before bed or pre-workout. 2–3 months on, 1 off

Thymosin Alpha-1

Immune support · inflammation balance · viral defense

Dose 500mcg · 1–2 strips/day

Plan 7–14 days acute; 8–12 weeks chronic

GHK-Cu

Skin renewal · anti-aging · wound healing · hair

Dose 3mg · 1 strip/day · 5 on / 2 off

Plan 12 weeks per cycle, up to 3x/year

PT-141+

Libido · arousal · bonding · mood

Dose 1mg blend · 30–45 min before activity

Plan As needed, max 3x/week

NAD+

Cellular energy · DNA repair · mitochondrial health

Dose 100mg · 1 strip/day · 7 days/week

Plan 12 weeks. 3 months on, 1 off

Glutathione

Antioxidant · natural detox · radiant skin

Dose 80mg + 20mg NAC · 1 strip/day · 7 days/week

Plan 12 weeks. 3 months on, 1 off

Good to know

Each box holds 20 strips (10 for PT-141+). Store away from heat and moisture. Your practitioner may adjust your plan, so always follow their guidance first.

For educational purposes only. Not intended to diagnose, treat, cure, or prevent any disease. Consult your practitioner before use.

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NEW THIS SEASON

Newer blends

Thoughtfully combined formulas for beauty, sleep, energy, focus, and metabolic balance.

KLOW

GHK-Cu · BPC-157 · TB-500 · KPV

Beyond glow. Skin, hair, and collagen support plus deeper tissue repair and inflammation balance, all in one strip.

Sleep

DSIP · GABA · 5-HTP

Supports the conditions for a good night rather than sedating: calm plus the serotonin-to-melatonin pathway.

Boost

MOTS-c

Adaptation, not just more energy. Helps cells read energy demand, stress, and recovery. Steadier output, no stimulant push.

Neuro

Semax · Selank

A clearer signal. Supports mental clarity and calm, focused thinking.

Ultratrutide

GLP-1 · GIP · glucagon · ghrelin pathways

Smarter, not just stronger. Coordinates appetite, satiety, cravings, and energy balance. Support for the process, not a shortcut.

Dosing

Follow your box label and your practitioner's direction for the newer blends.

MAKE IT STICK

Tips for success

- **Be consistent.** Pick a time of day that fits your routine and keep it.
- **Check in with yourself.** Jot down how you feel at weeks 2, 6, and 12 and share it with your practitioner.
- **Honor the breaks.** Rest periods between cycles are part of the plan.
- **Share your full picture.** Tell your practitioner about any medications or supplements you take.
- **Scan the QR code** on your box for educational resources.

Ready to get started? Call or text **502-494-4135**

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